

This listing of claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims

1. (currently amended) A method for making a sandwich, the method comprising the steps of:

- a) providing a pre-baked bread bun with an exterior crust;
- b) forming a cavity in the bread bun without an interior crust, and an opening in the exterior crust extending to the cavity;
- c) providing a plurality of layers of sandwich fixings in separate and arcuate layers; and
- d) inserting the plurality of layers of sandwich fixings through the opening and into the cavity of the bread bun thereby forming separate and arcuate layers of sandwich fixings in the cavity of the bread bun.

2. (original) A method in accordance with claim 1, wherein the step of forming the cavity and the opening further includes the step of
drilling into the bread bun with an elongated, hollow, cylindrical drill bit.

3. (original) A method in accordance with claim 2, wherein the step of drilling into the bread bun further includes the step of:

- a) placing the bread bun into a holding enclosure with a longitudinal axis of the bread bun aligned with a longitudinal axis of the drill bit;
- b) rotating the drill bit; and
- c) inserting the drill bit into the bread bun by displacing either the holding enclosure or drill bit relative to the other along the longitudinal axes.

4. (currently amended) A method in accordance with claim 1, wherein the step of inserting the plurality of layers of sandwich fixings further includes the steps of:

- a) providing a flexible sheet;
- b) placing the plurality of layers of sandwich fixings on the flexible sheet as a

plurality of separate layers;

c) rolling the flexible sheet into a sleeve with the plurality of separate layers of sandwich fixings therein;

d) inserting the sleeve and the plurality of separate layers of sandwich fixings into the cavity of the bread bun; and

e) withdrawing the flexible sleeve from the bread bun while preventing the plurality of separate layers of sandwich fixings from exiting the bun.

5. (currently amended) A method in accordance with claim 4, wherein the step of withdrawing the flexible sleeve from the bread bun while preventing the plurality of separate layers of sandwich fixings from exiting the bun further includes the steps of:

a) locating a stopper near the opening in the bread bun and near one end of the sleeve;

b) grasping the end of the sleeve and withdrawing the sleeve from the bread bun; and

c) maintaining the position of the stopper relative to the bread bun, such that the plurality of separate layers of sandwich fixings abut the stopper as the sleeve is withdrawn to prevent the plurality of separate layers of sandwich fixings from exiting the bun.

6. (currently amended) A method in accordance with claim 4, wherein the step of withdrawing the flexible sleeve from the bread bun while preventing the plurality of separate layers of sandwich fixings from exiting the bun further includes the steps of:

a) providing an elongated stopping member with a longitudinal axis;

b) placing the bread bun into a holding enclosure with a longitudinal axis of the bread bun aligned with the longitudinal axis of the stopping member;

c) securing a gripping mechanism to the sleeve; and

d) displacing either the stopping member or gripping mechanism relative to the other along the longitudinal axes to withdraw the sleeve from the bread bun while the stopper abuts to the plurality of separate layers of sandwich fixings.

7. (currently amended) A method in accordance with claim 1, wherein the step of inserting a plurality of layers of sandwich fixings further includes the steps of:

- a) providing a carrier to insert the plurality of layers of sandwich fixings into the cavity of the bread bun;
- b) placing the plurality of layers of sandwich fixings in the carrier;
- c) inserting the carrier and the plurality of layers of sandwich fixings into the cavity of the bread bun; and
- e) withdrawing the carrier from the bread bun while preventing the plurality of layers of sandwich fixings from exiting the bun.

Claims 8-13 cancelled.

14. (original) A method for making a sandwich, the method comprising the steps of:

- a) providing a pre-baked bread bun with an exterior crust;
- b) forming a cavity in the bread bun and an opening in the crust extending to the cavity;
- c) providing a flexible sheet;
- d) placing sandwich fixings on the flexible sheet;
- e) rolling the flexible sheet into a sleeve with the sandwich fixings therein;
- f) inserting the sleeve and sandwich fixings through the opening and into the cavity of the bread bun; and
- g) withdrawing the flexible sleeve from the bread bun while preventing the sandwich fixings from exiting the bun.

15. (original) A method in accordance with claim 14, wherein the step of forming the cavity and opening further includes the step of

drilling into the bread bun with an elongated, hollow, cylindrical drill bit.

16. (original) A method in accordance with claim 15, wherein the step of drilling into the

bread bun further includes the step of:

- a) placing the bread bun into a holding enclosure with a longitudinal axis of the bread bun aligned with a longitudinal axis of the drill bit;
- b) rotating the drill bit; and
- c) inserting the drill bit into the bread bun by displacing one of the holding enclosure or drill bit relative to the other along the longitudinal axis.

17. (original) A method in accordance with claim 14, wherein the step of withdrawing the flexible sleeve from the bread bun while preventing the sandwich fixings from exiting the bun further includes the steps of:

- a) locating a stopper near the opening in the bread bun and near one end of the sleeve;
- b) grasping the end of the sleeve and withdrawing the sleeve from the bread bun; and
- c) maintaining the position of the stopper relative to the bread bun, such that the sandwich fixings abut the stopper as the sleeve is withdrawn to prevent the sandwich fixings from exiting the bun.

18. (original) A method in accordance with claim 14, wherein the step of withdrawing the flexible sleeve from the bread bun while preventing the sandwich fixings from exiting the bun further includes the steps of:

- a) providing an elongated stopping member with a longitudinal axis;
- b) placing the bread bun into a holding enclosure with a longitudinal axis of the bread bun aligned with the longitudinal axis of the stopping member;
- c) securing a gripping mechanism to the sleeve; and
- d) displacing one of the stopping member or gripping mechanism relative to the other along the longitudinal axes to withdraw the sleeve from the bread bun while the stopper abuts the sandwich fixings.

19. (original) A method in accordance with claim 14, wherein the step of placing the

sandwich fixings on the flexible sheet further includes the steps of:

- a) stacking sliced meat, sliced cheese, sliced vegetable or fruit, and condiments in layers on the flexible sheet; and
- b) rolling the layers into arcuate layers in the sleeve.

Claims 20-23 cancelled.

24. (new) A method in accordance with claim 14, wherein the step of placing sandwich fixings on the flexible sheet further includes the step of placing the sandwich fixings on the flexible sheet as a plurality of separate layers; and wherein the step of rolling the flexible sleeve further includes the step of rolling the flexible sleeve and the plurality of separate layers of sandwich fixings into a sleeve with a plurality of separate and arcuate layers of sandwich fixings therein.

25. (new) A method for making a sandwich, the method comprising the steps of:

- a) providing a pre-baked bread bun having a length, a substantially continuous wall forming a unitary, integral shell, and an exterior crust;
- b) forming a cavity in the bread bun extending substantially the length of the bread bun, and an opening in the crust extending to the cavity;
- c) providing a flexible sheet;
- d) placing sandwich fixings on the flexible sheet as a plurality of separate layers of sandwich fixings;
- e) rolling the flexible sheet into a sleeve with the sandwich fixings therein as a plurality of separate and arcuate layers of sandwich fixings;
- f) inserting the sleeve and the plurality of separate and arcuate layers of sandwich fixings through the opening and into the cavity of the bread bun; and
- g) withdrawing the flexible sleeve from the bread bun while preventing the plurality of separate and arcuate layers of sandwich fixings from exiting the bun.

26. (new) A method in accordance with claim 25, wherein the step of forming the cavity

and opening further includes the steps of:

- a) placing the bread bun into a holding enclosure with a longitudinal axis of the bread bun aligned with a longitudinal axis of an elongated, hollow, cylindrical drill bit;
- b) rotating the drill bit; and
- c) inserting the drill bit into the bread bun by displacing one of the holding enclosure or drill bit relative to the other along the longitudinal axis.

27. (new) A method in accordance with claim 25, wherein the step of withdrawing the flexible sleeve from the bread bun while preventing the plurality of separate and arcuate layers of sandwich fixings from exiting the bun further includes the steps of:

- a) locating a stopper near the opening in the bread bun and near one end of the sleeve;
- b) grasping the end of the sleeve and withdrawing the sleeve from the bread bun; and
- c) maintaining the position of the stopper relative to the bread bun, such that the plurality of separate and arcuate layers of sandwich fixings abut the stopper as the sleeve is withdrawn to prevent the plurality of separate and arcuate layers of sandwich fixings from exiting the bun.

28. (new) A method in accordance with claim 25, wherein the step of withdrawing the flexible sleeve from the bread bun while preventing the plurality of separate and arcuate layers of sandwich fixings from exiting the bun further includes the steps of:

- a) providing an elongated stopping member with a longitudinal axis;
- b) placing the bread bun into a holding enclosure with a longitudinal axis of the bread bun aligned with the longitudinal axis of the stopping member;
- c) securing a gripping mechanism to the sleeve; and
- d) displacing one of the stopping member or gripping mechanism relative to the other along the longitudinal axes to withdraw the sleeve from the bread bun while the stopper abuts the plurality of separate and arcuate layers of sandwich fixings.

29. (new) A method in accordance with claim 25, wherein the step of placing the sandwich fixings on the flexible sheet further includes the steps of:

a) stacking sliced meat, sliced cheese, sliced vegetable or fruit, and condiments in layers on the flexible sheet; and

b) rolling the layers into arcuate layers in the sleeve.